



POST INTRAVENOUS ANESTHESIA SEDATION

Recovery

All patients are recovered until the nurse and surgeon determine it is safe to go home. The usual time from completion of the procedure until discharge from the office is 30-45 minutes although more or less time may be required.

DURING THE RECOVERY PERIOD AT HOME THE FOLLOWING IS ADVISED:

- **GO HOME!** Do not plan to take the patient anywhere else, for example: shopping, restaurants or running errands. The safest place for the patient is to be home. This will allow them to recover comfortably and safely.
- **The patient should not be left alone or unobserved until they are fully recovered.** Balance and coordination will take time to regain and the patient will need help and assistance when attempting any movements.

1. Eating and drinking; it is important that the **patient does not eat or drink until she/he is fully awake and their mouth is no longer numb from the freezing.** If the patient eats or drinks before they can swallow properly, they increase the risk of vomiting or aspiration.
2. Taking medication; when clear fluids can be consumed without having any problems, slow progression to solid food is allowed. This may be the time to administer medications prescribed by your surgeon or other recommended medications. If a narcotic medication was prescribed, it is recommended that the patient is able to eat something of substance without nausea or vomiting before taking the narcotic medication.
3. Avoid any operation or mechanical or electrical machinery/ devices. **No driving for 24 hours** after receiving sedation. Avoid making any important decisions or signing important documents. Avoid consuming alcoholic beverages and **no smoking for 7 days after surgery.**

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