



## What is IV Sedation

Many patients opt to have IV Sedation to make their dental procedure an easier experience. IV Sedation is a form of sedation administered via an IV line in the arm or hand. There is NO mask induction (gas) used prior to the placement of the IV. Patients need to be aware that there is a needle “poke” prior to any medications being administered.

### Before IV Sedation

1. Wear comfortable clothing with sleeves that can be rolled up for IV access and blood pressure monitoring.
2. A responsible adult must accompany you to the clinic, remain at the clinic during the procedure, and stay with you for 24 hours afterward.
3. After sedation, you are considered legally impaired for 18-24 hours and are not to operate a vehicle or sign legal documents during this time.
4. If you take street drugs (even cannabis), please refrain for 48 hours prior to your surgery. These drugs limit the effectiveness of sedation medications, and patients often do not achieve the optimal level of sedation that is desired



**No eating  
or drinking**

**Atlantic Oral Surgery & Facial Reconstruction Centres**  
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## **Eating and Fluid Intake**

5. You must refrain from eating and drinking full fluids starting at **midnight (2400)** the evening before your procedure.
6. You may have sips of **clear fluid up to 3 hours prior** to your procedure. Clear fluids include water, Gatorade, black coffee, or black tea. You may NOT have dairy or juice with pulp.
7. Unless instructed otherwise, please take any routine medications with sips of clear fluid. If you are diabetic, you may be asked to hold some medications.

Following these guidelines will ensure you come to your appointment on an empty stomach and prevent vomiting should nausea occur. Though the medications we use rarely cause nausea, vomiting while sedated can be very dangerous. It can cause an airway obstruction or cause aspiration pneumonia. Please note we have some very effective IV drugs to treat nausea should it occur.

**NOTE: parents/individuals accompanying patients must remain in the clinic or in the parking lot for the duration of the appointment.**



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